

Welsh Athletics Junior Open
Incorporating the Regional Championships for
East Wales, South Wales, West Wales & South West England
Sunday 7th December 2025
Final Timetable



WELSH ATHLETICS
ATHLETAU CYMRU

7th December - TRACK

	Register By	Report to starters	TrackTime	Event	Age Groups
T01	10:15	11:35	11:45	1k Walk	ALL
T02	10:30	11:50	12:00	U17W 200m	U17W
T03	11:06	12:26	12:36	U17M 200m	U17M
T04	11:39	12:59	13:09	U13G 200m	U13G
T05	12:30	13:50	14:00	U15B 200m	U15B
T06	12:57	14:17	14:27	U13B 200m	U13B
T07	13:30	14:50	15:00	U17M 400m	U17M
T08	13:50	15:10	15:20	U15B 300m	U15B
T09	14:05	15:25	15:35	U15G 300m	U15G
T10	14:35	15:55	16:05	U17W 300m	U17W
T11	15:02	16:22	16:32	U15G 200m	U15G

THERE WILL BE NO CALL ROOM FOR ANY EVENT. TRACK TO REPORT TO STARTER MARKSMEN AT THE REPORT TIME, FIELD REPORT TO EVENT SITE FOR WARM UP TRIALS X2

7th December - FIELD

	Register By	At Event Site	Field Time	Event	Age Groups
F01	10:15	11:20	11:45	U17M Triple Jump	U17M
F02	10:30	11:35	12:00	U15B High Jump	U15B
F03	10:30	11:35	12:00	U13B High Jump	U13B
F04	10:30	11:35	12:00	U15G Long Jump	U15G
F05	12:00	13:05	13:30	U17W High Jump	U17W
F06	12:00	13:05	13:30	U15G Triple Jump	U15G
F07	12:05	13:10	13:35	U17M Shot Put	U17M
F08	12:05	13:10	13:35	Para Shot Put - Male	AMB_SP
F09	12:30	13:35	14:00	U13G Long Jump	U13G
F10	13:00	14:05	14:30	U17W Triple Jump	U17W
F11	12:50	13:45	14:20	U15G High Jump	U15G
F12	13:05	14:10	14:35	U15B Shot Put	U15B
F13	14:15	15:20	15:45	U13B Shot Put	U13B
F14	14:15	15:20	15:45	U13G High Jump	U13G
F15	14:25	15:30	15:55	U17M High Jump	U17M
F16	14:45	15:50	16:15	Seated shot (Para)	SEATED
F17	15:00	16:05	16:30	U15B Triple Jump	U15B

SCAN QR CODE FOR START
LISTS & RESULTS

